



OPHTHALMOLOGY
GENETICS

INCREASING ACCESS TO GENETIC COUNSELORS FOR PATIENTS



Genetic counselors are healthcare professionals who have specialized education in medical genetics and counseling. **MyGeneTeam** genetic counselors are available to provide you with personalized care and to help you make informed decisions about your genetic health.

Genetic counseling for eye disease focuses on personal and/or family history factors that can increase the risk for disorders of the eye in yourself or your family members.

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Examples of reasons for referral include a personal or family history of:

- Hereditary retinal disorders
- Nystagmus (involuntary, rapid, and repetitive movement of the eyes)
- Cataracts that are not age-related
- Developmental eye disorders such as anophthalmia (complete absence of the globe of the eye) or microphthalmia (one or both eyes are abnormally small)

What to expect during a genetic counseling session for genetic eye disease:

- Questions about your health and the health of your relatives
- Education about inheritance patterns
- Evaluation of risk for eye conditions
- Discussion of the benefits and limitations of available testing options
- Information about the possible outcomes of genetic testing and their impact on medical management
- Opportunity to ask questions and address your concerns

You are encouraged to include a family member or friend in the discussion if you are comfortable sharing your medical and genetic information.

What are the benefits of talking to a MyGeneTeam genetic counselor?

- MyGeneTeam genetic counselors are experienced, board certified/eligible and licensed per state laws, where applicable
- Appointments are flexible, including evening and weekend hours, across many time zones
- Genetic counseling services can be provided by phone or online video conferencing

Reminder:



MyGeneTeam services are available by referral only—your healthcare providers place their trust in our team to provide you with the best possible care.